

# THE SUNKEN ANCHOR

23 March 2017

BERMAGUISI SC COMMUNITY NEWS

### A Beautiful Act of Kindness

It was World Down Syndrome Day this week – 21<sup>st</sup> March. As part of celebrations marking the day, people are encouraged to choose "an act of kindness".

Two of our young Same Wave participants, Lochie Neilson and Shebi Buetefuer, have Down Syndrome and they wanted to share their act of kindness with the Nippers on Sunday.

What a beautiful surprise for the Nippers on their last day to head up to the club house at the end of the session to see Lochie, Shebi and their families and friends waiting for them, not just with huge smiles but with balloons,



flowers, cookies, brownies and gift bags.

The significance of the date – 21/3 – is the fact that the tripling of the 21st chromosome is what causes Down Syndrome.

Lochie and Shebi also joined us the day before for the final Same Wave session for this season. It's been a great success so far and we're looking forward to running it next season on every Saturday in February and March.

On Saturday, Lochie, Shebi, Luke, Michael and Aiden all came along and had a great time with their volunteers. We even had some firsts in the water catching some waves on the body boards and we love having you all as new members of our club. Thanks also to those who came down to lend a hand on Saturday:

Abbie Trenerry
Barb Scott
Bruce McAslan
Coby van Teulinger
Christie Reid
Fran Trenerry
Greg Zinglemann
Hannah VaughanSmith
Kate Power
Nadine Hills
Poppy Logue
Rachel Wallbank
Ross Scott









## **Nippers Notes**

## Nippers Wrapped Up for the Season

Last Sunday saw a great turnout for the final Nippers of the season despite the gloomy weather.

We still had lots of fun and the rain doesn't matter if you're wet anyway!

Club President, Bruce McAslan, and Club Captain, Andrew Curven, were on hand to award the Bronze Medallions and accompanying certificates to some of the parents who took on water safety roles this year. Congrats to Craig Allery, Pat Haack and Christina Potts who received their



medallions and thanks also to Sean Glasson and Nadine Hills who are new Bronzies who helped with water safety this season.

Special thanks to Christina Potts, Rosie Chapman and Pat Haack who led the Nippers program for the first time this season. They've done a fantastic job co-ordinating the program of activities each week and keeping track of individual achievements for all the kids along the way.







#### THE SUNKEN ANCHOR QUIZ

- What is the Iron Goddess of Mercy a Chinese tea, an old steam train, a nursing sister?
- 2. How many different-shaped windows can you look through in Playschool?
- Which method of execution was used in Britain until 1965 – electric chair, gas chamber or hanging?
- 4. What kind of fish gives its name to a tightly packed situation?
- 5. What's the world's most popular canned fish?
- 6. How many runs are scored when a cricket ball is hit over the boundary fence on the full?
- 7. What is the most famous waterfall in North America?
- 8. What famous person first provided the voice of Mickey Mouse?
- What was Henry VIII's last wife called Carr, Farr or Parr?
- 10. Where did Phileas Fogg have to travel in eighty days?
- 11. What was the ugly duckling?
- 12. Which part of a golf course has the shortest grass the fairway, the greens or the bunkers?

## Club Presentation Night 2017

#### Preso Night is 21st April 2017

This year's club Presentation Night will be held on Friday, 21st April at the surf club – 5:00 pm with a BBQ dinner to start at 6:00 pm.

It will be a combined Junior and Senior night and all members and their guests are welcome.

There is no cost for members and non-members are \$10 per person.

The bar will be open to purchase drinks and we'll have table tennis and the pool table available.

This is our opportunity to say thank you to everyone for your time and effort and participation during the season. We've had some great successes this season and we look forward to celebrating them with you all.

Junior and Senior awards will be presented and we'll be having a new award this year as well, generously donated by Maggi, one of our new members.

RSVP by 13th April to Cheryl at bermisurfclub@gmail.com or phone at 0459-238-442



#### AROUND THE CLUB

#### National Youth Week

National Youth Week kicks off on 1st April with a range of activities across the Bega Valley including:

#### 1st April & 8th April- Getting Crafty

10am to 11.30am Panboola, Pambula. Meet under the eagle and nest sculpture. More info: Michelle Richmond 0400 341 282 panboola@gmail.com Presented by Pambula Wetlands and Heritage Project Inc.

#### 5th April - Animal Sculptures Bush Style

10am to 11.30am Panboola, Pambula. Meet under the eagle and nest sculpture. More info: Michelle Richmond 0400 341 282 panboola@gmail.com Presented by Pambula Wetlands and Heritage Project Inc.

#### 8th April - Activity day of fun/challenges

10am to 3pm Cobargo Showground. More info: Graham Parr 6493 6795 gcparr5@gmail.com Presented by Cobargo Scout Group

#### 8th April - 7's Touch Rugby Tournament

gam to 1pm Recreation Ground, Bega, including lunch. More info: Ben Thomas 6492-0011 bthomas@lyndon. org.au Presented by Wandarma

#### 10th April - Mega Movie Marathon

10am to 10pm Funhouse Studio, Bega (old video store) More info: Cayce Hill 6492 5907 hellofunhouse@gmail.com Presented by Auspice: PCYC

#### 11th April - Making Beats, Ableton Live

10am to 2pm Tura Marrang Library. Ages 15 and over. A one day intensive workshop that will give you an introduction in to using Ableton Live and the Push controller to make music. Some electronic music experience is preferred and good computer skills a must! More info: Scott Baker 6499 2172 sbaker@ begavalley.nsw.gov.au Presented by Bega Valley Shire Libraries

#### 12th April - Bermagui Youth Music

10am to 4pm Bermagui Library. South Coast Music Project's Introduction to Music Production and Recording. More info: Kate Howarth seainfo@ southeastarts.org.au or Satoru Kramer, 0487 385 855 satsofmurrah@gmail.com Presented by Auspice: South East Arts (NSW) Inc.

#### 14th April - Beyond the Selfie

10am to 1pm Bega Library. Ages 13 and over. Take a selfie, print it out and bring out the real you! Go beyond snap-chat filters and face-swap apps and use your hands and a variety of mixed media to work over the top of a printed digital photo portrait. More info: Scott Baker 6499 2172 sbaker@begavalley.nsw.gov.au Presented by Bega Valley Shire Libraries

#### April - Win a Surf Board

Draw a design for a surf board to win a surf lesson at a local beach or \$100 voucher or one of two surf boards. More info: Liz Scott 0422 598 683 <a href="mailto:lscott@lyndon.org.au">lscott@lyndon.org.au</a>. Winners announced at end of youth week. Presented by Youth Network.

Visit <u>www.begavalley.nsw.gov.au</u> and click on "What's On" for more information.

## Quite the Year so far for Nipper EJ Norris

Young EJ Norris has been busy in the first few months of 2017 and we'd like to congratulate her for all the hard work she's putting in. Since January EJ's achievements include:



Tathra Wharf to Waves - 1st in
 U13 setting a new female age record

- Merimbula Gift Sapphire coast runners 3km invitational - 2nd open female
- Australia Day Junior Citizen of the Year
- ACT Athletics Junior and Open State Championships - 4th in U14 1500m
- Cobargo Business Carnival Splash for Cash - 3rd open women
- Sapphire Coast Anglican College (SCAC) -12yr girls swimming age champion
- Southern Anglican School Sports Assoc. (SASSA) - 12yr girls swimming age champion

#### Food Handling Course

Wallaga Lake-Bermagui Men's Shed is holding a "Safe Food Handling Course" run by Bronwyn Thompson, BVSC Food Inspector.

It will be on Tuesday 28th March, 10.30 am at the shed – 246 Bermagui Rd, Akolele.

There are still a few vacant spots open to people involved with not-for-profits.

Numbers are limited so first in best dressed!

If you want to register or want more information email Phil at <a href="mailto:phil.baldwin51@gmail.com">phil.baldwin51@gmail.com</a>

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To submit information and/or photos for an upcoming newsletter email Cheryl at bermisurfclub@gmail.com

ם. A Chinese tea, ב. Three, 3. Hanging, 4. Sardines, 5. Sardines, 6. Six, 7. Wiagara Falls, 8. Walt Disney, 9. Parr, בס. Around the world, בבר. A cygnet or baby swan, בבר. The greens.

Quiz Answers (This Week)